



Brazelton Touchpoints Center Family Connections

A Mental Health Consultation and
Professional Development Model

Are you a...

- Child care provider
- Mental health practitioner
- Home visitor
- Family advocate
- Program Manager
- Anyone working with young children and their families

**...then Family
Connections Training
*is for you!***

What is Family Connections?

Family Connections is an **evidence-based and systemic mental health consultation and professional development model** that:

- Builds professional capacity
- Promotes mental health and social-emotional wellness in young children, their families and providers
- Deepens professionals' understanding of families facing depression and other adversities

What Do Providers Learn?

- Further enhance mental health consultation services to young children, their families, and early childhood professionals
- Support further professional development regarding social-emotional development and mental health
- Focus on the importance of self-reflection, perspective taking, and self-care for providers and families

How do Providers Learn?

- Two days of interactive, learner-centered training
- Family Connections and Tell Me A Story training modules demonstrated through presentations, case vignettes, and interactive exercises
- Three post-training group mentoring calls
- Small class sizes that enhance learning outcomes



Learn More!

Register for a training

www.brazeltontouchpoints.org/offerings/family-connections/

Learn more about BTC

www.brazeltontouchpoints.org

Questions? Contact:

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